
Meditations

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October 10th, 2018 - 1318 quotes from Marcus Aurelius You have power over your mind not outside events Realize this and you will find strength Dwell on the beauty of life Watch the stars and see yourself running with them and The happiness of your life depends upon the quality of your thoughts'

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meaning Christian meditation aims to heighten the personal relationship based on the love of God that marks Christian communion"Amazon com Meditations A New Translation 9780812968255

September 23rd, 2018 - The Meditations is one of my favorite books of all time one that I read when I was a young student studying philosophy It was a pleasure to reread Marcus Aurelius and I am convinced that he is a philosopher that everybody should read'

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